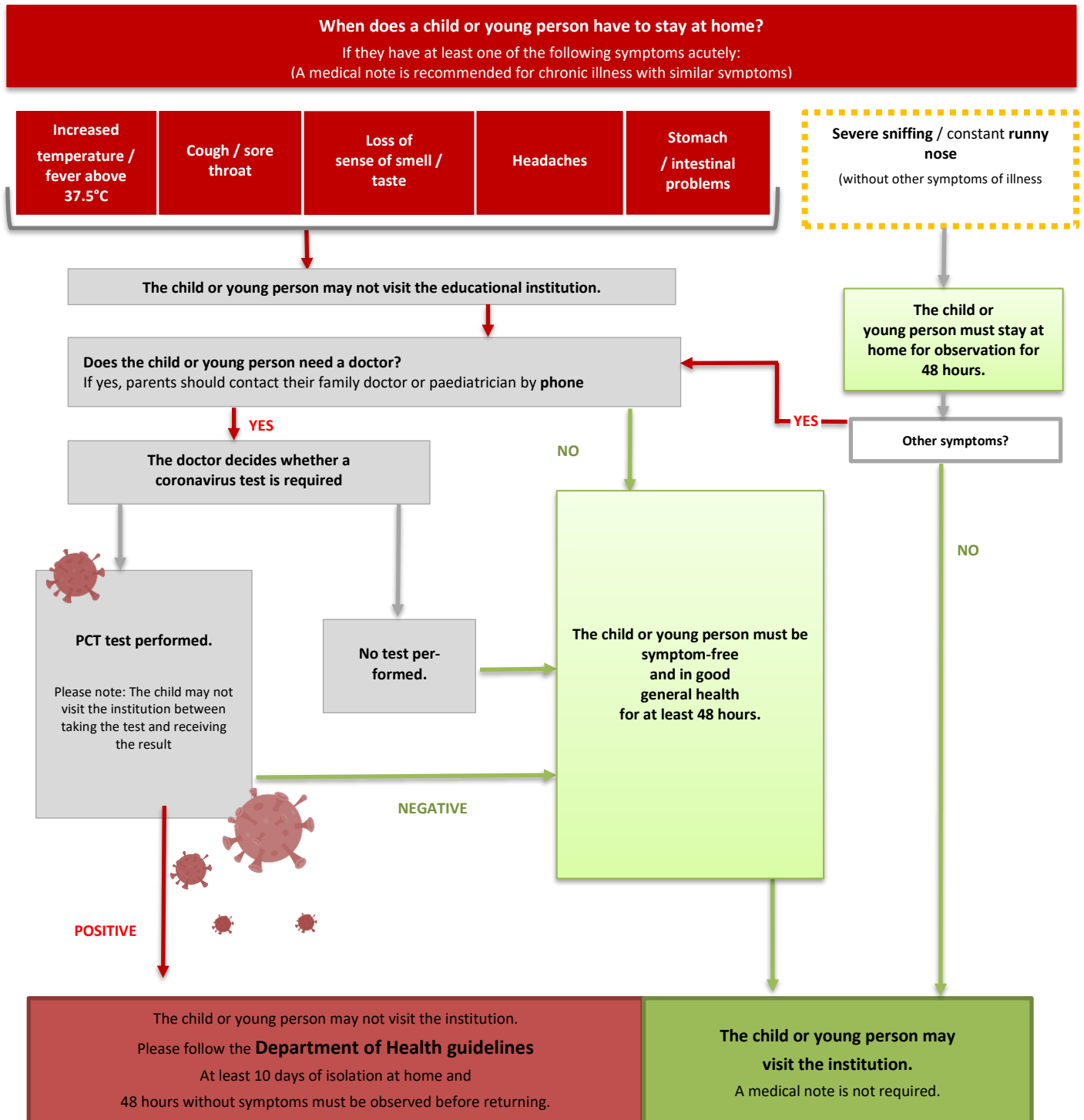


Managing symptoms of illness or colds in children and young people in secondary education Advice for parents and staff



Managing symptoms of illness or colds in children and young people in secondary education

Advice for parents and staff (see above)

Assessing whether a child or young person or adolescent is ill remains, as a rule, parents' responsibility. If children or young people are obviously ill when at school or fall ill during school hours, the school may arrange for them to be collected.

As was the case before the pandemic, **children and young people who are clearly ill are not allowed to attend school.**

Procedure when symptoms occur

If children or young people develop any of the following symptoms typical of COVID-19, they will not be able to attend school and will be prohibited from entering:

- » **Increased temperature and fever (above 37.5°C)**
For parents: Please ensure that the temperature is measured correctly, whichever method and device you use to measure the temperature.
- » **Cough and/or sore throat** that is new and has no chronic cause.
- » **Headaches**
- » **Gastrointestinal problems**, i.e. vomiting and diarrhoea
- » **Loss of sense of smell / taste**

Depending on the child's condition, it is up to the parents to decide whether to contact their family doctor or paediatrician by phone.

A medical note is recommended for chronic illness with similar symptoms!

Procedure when returning to secondary school

If a **doctor has not been contacted**, the child or young person **must be symptom-free and in good health for at least 48 hours** before being allowed to return to school. After 48 hours, the following rule of thumb has proven to work well for parents: "If my child or young person was well enough yesterday to go to school, they can go tomorrow."

If parents seek **medical advice**, the doctor will decide whether to carry out a SARS-CoV-2 test to check for coronavirus. If no test is performed, either the requirements mentioned above (**at least 48 hours free of symptoms and in good general health**) or the doctor's specific instructions apply for their return.

If a PCR test is performed, the children or young person must stay at home until the result is known.

If the **test result is negative**, the requirements mentioned above: **at least 48 hours free of symptoms and in good general health** or the doctor's specific instructions apply for their return.

If the **test result is positive**, the following guidelines apply: **The Department of Health determines when the child or young person may return to school or when their quarantine period ends.** The child or young person must be symptom-free for at least 48 hours and must not return to school until at least 10 days after the onset of symptoms.

In general, a negative virus certificate and a **medical certificate** are not required for returning to school.

Further notes

Healthy siblings may attend educational institutions and schools without restriction, as long as they are not required to quarantine by the Department of Health.

In the case of a mild cough, students may return to educational institutions and schools after they have been infected with corona for more than 28 days and a maximum of six months, as long as they present **proof of recovery**.

The guidelines and regulations of the **local Department of Health** must always be observed above all else.

The **regulations may have to be adapted** at any time depending on the epidemiological situation or new scientific findings. These reflect the situation as of 29.6.2021 in the Free and Hanseatic City of Hamburg.